Freedom of Information request ref 01/FOI/26/4139
We received your request on the 06/04/2026

Request

You asked us:

What would you like to know?:
1) What post traumatic incident support is currently offered to police officers/ staff?
2) When was it introduced?
3) What was in place prior to its introduction?
4) Number of police officers/ staff by area off frontline duties/ long term sick with PTSD/ C-PTSD prior to its introduction and since its introduction?
5) Number of TRiM trained personnel I am looking to compare dates available for Network Rail between 2019 to 2025 by calendar year.

We have handled your request under the Freedom of Information Act (FOIA)

Our response:

Question 1

- TRiM (Trauma Risk Management)
- In-house Occupation Health service
- Trauma post-Incident Desk
- Wellbeing Team
- Annual Psychological Screening for high-risk roles (outsourced)
- OneBright trauma-focused therapy (external)
- PAM Wellness EAP (external)
- Police Treatment Centres (external)
- Transport Benevolent Fund (external)
- Police Care UK and Police Mutual (external)

Question 2

- TRiM (Trauma Risk Management) – 2016
- In-house Occupation Health service – 2025
- Trauma Post-Incident Desk – 2023
- Wellbeing Team (formed 2017, expanded to 8 members in 2024)
- Annual Psychological Screening for high-risk roles (outsourced) – started 2025
- OneBright trauma-focused therapy (external)
- PAM Wellness EAP (external)
- Police Treatment Centres (external)
- Transport Benevolent Fund (external)

- Police Care UK and Police Mutual (external)

Question 3

Prior to the introduction of TRiM there was no formal focused trauma support other than what was provided by our Employee Assistance Program (EAP) at the time.

Question 4

Please see the below a table showing the number of Officers who have had periods of long term sick due to PTSD (There are no instances of C-PTSD which meet the criteria requested). Please note we do not categorise or record whether employees aree front line.

Years (Date of Certification)	Police Officer	Police Staff
2019	12	1
2020	6	
2021	13	3
2022	10	
2023	5	2
2024	17	3
2025	8	
Grand Total	71	9

Question 5

- TRiM Managers: 13
- TRiM Practitioners: 35