



Freedom of Information request ref 01/FOI/25/3331
We received your request on the 18/04/2025.

Request

You asked us:

How many officers took sick leave for depression, anxiety, stress or post-traumatic stress between April 2024 and March 2025. By this, I mean where any of the terms depression, anxiety, stress or post-traumatic stress appear in the description of the officer's illness.

We have handled your request under the Freedom of Information Act (FOIA)

Our response:

Specific Sickness Reasons Between 1st April 2024 and 31st March 2025 (Includes Personal Stress)

Reason	Employee Type		
	Police Officer	Police Staff	Total
Anxiety	26	33	59
Depression	13	18	31
Depression/Anxiety	24	16	40
Personal Stress	12	12	24
Post-Traumatic Stress Disorder (PTSD)	23	6	29
Stress	151	55	206
Work Related Stress	39	16	55
Total	288	156	444