



Freedom of Information request 01/FOI/24/2512
We received your request on the 08/03/2024.

Request

You asked us:

- 1. Does your force make information and guidance about personal resilience freely available to officers and staff? YES/NO**
If YES - then please give examples (e.g. websites, intranet, Wellbeing Services)
 - 2. Does your force provide officers and staff with specific training on personal resilience? YES/NO**
If YES -then please give examples.
If NO - is it covered in wider wellbeing training?
Is your Force intending to in the future?
 - 3. Does your Force have a dedicated Staff Wellbeing Team/Service? YES/NO**
If YES -please give brief details
If NO – Then what wellbeing provision is currently available?
 - 4. Does your Force have a dedicated staff wellbeing intranet site/website? YES/NO**
If YES -please give brief details
If NO – Then what wellbeing provision is currently available?
- Thank you for your co-operation**

We have handled your request under the Freedom of Information Act (FOIA)

Our response:

- 1. Yes – resources available via the Wellbeing Hub and Webinars provided.**
- 2. Partly – online courses available via MyLearn and webinars held.**
Is your Force intending to in the future? - Not at present.
- 3. Yes – Wellbeing Team comprising Head of Wellbeing, Senior Wellbeing Adviser, 4 Wellbeing Advisers and a Wellbeing Administrator.**
- 4. Yes- Wellbeing Hub with details and access to all support services, topic pages covering Mental, Physical, Financial Health and wellbeing, events calendar, and recorded webinars available as well as Wellbeing News posted and updated frequently.**